

## Behavior Contract Herriman Winter Guard 2015

### Lora's absolutes

1. **Be on time**
2. **Be invested**
3. **Be respectful**
4. **Be kind**

### Attitude and Rehearsal Etiquette

- All rehearsal times are required to be part of the team. You are allowed 2 excused absences and 1 unexcused. (Unexcused meaning it wasn't approved before time. We will still need to know that you aren't coming.) You are expected to be on time and to have a good attitude.
- Only Lora and approved staff members are allowed to teach at rehearsals. Occasionally one of the captains or section leaders might be approved to teach or review a particular section. If you have questions about choreography or drill please come to Lora or one of the staff members for clarification.
- Be open to learning new things. Whether you are a new or a returning member this rule still applies. Try your best to learn things quickly and thoroughly, and be willing to change if it is necessary.
- Only Lora and approved staff members and occasionally captains are allowed to give correction. If you notice something that we don't, please bring it up to the staff separately from the group. We want you to work together as a team, and that is harder to do if you are always pointing out each other's mistakes. Also, be willing to accept correction from staff when it is given. We are not picking on you, we are only trying to make a more cohesive team and performance. So accept correction graciously.
- DO give each other compliments and positive feedback! We are a team, which means every member is equally important. Please make sure your team members know that!
- No talking during rehearsals. If you have a question you may raise your hand and a staff member will answer it for you.
- No chewing gum.
- No swearing or vulgar language.

### Rehearsal Dress

- Wear clothing appropriate for dancing and moving, aka: sweat pants, yoga pants, etc.
- Clothing must also be supportive in the right areas and spaghetti straps for the girls or bare chested for the guys are prohibited. Do not wear jeans!
- Long hair must be pulled back away from the face, and all jewelry removed.

### Uniforms and Equipment

- Treat your performance uniforms and equipment with respect and care. If a uniform or piece of equipment is damaged out of neglect on your part, you will be responsible for replacing it.
- You will be responsible for inspecting all pieces of your equipment before every show. You will need to make sure the taping is clean and in good repair.
- Do not eat in your uniforms or allow other people, including other team members, to wear them

- School rented equipment taken home for practicing must be brought back with you to each rehearsal and returned by the end of the season; NO EXCEPTIONS.
- For the duration of the season, we ask that each team member avoid extremes in hair color or style, and/or excessive piercings. We want as much cohesiveness as a unit as possible.

#### Competition Etiquette

- Each team member is required to help load and unload equipment and floors at the competitions and upon returning home from the competitions.
- All guard members are also required to put away equipment at the end of each performance.
- All Color guard teams are required to sit in the back bleachers at each competition; violation of this policy could result in penalties and/or disqualification.
- When sitting and watching the other teams perform, you will be respectful and supportive. You will cheer appropriately, and be quiet during performances. If a mess is made, you will clean up after yourselves. Remember, we represent our schools and our community at these competitions and we want to leave a good impression.
- You must have at least two other people accompanying you if you wish to leave to stands, and you will only be allowed to leave in between performances.

#### Other General Rules

- Dating of any form between members of either teams is prohibited.
- Excessive public displays of affection are also prohibited.
- We would like all members to have an enjoyable season. We will utilize your talents where we feel you will be able to perform best. Therefore, all team members may not be in the entire production of the competitive show.
- Students must maintain an average GPA of 2.0 or higher to continue to participate.
- Be sensitive about what you post on Social Media. Do not post a picture of one of our team mate's unless you have their personal permission. We ask that any recordings of the show not be posted on public profiles. We will create a private FB page and will post them there instead.
- If you are having a problem with one of your team members or with a staff member, please bring it up to Lora or to Ms. Kim. We will always do our best to resolve any concerns you might have.

**Violations of any of the rules are subject to temporary leave and/or permanent dismissal from the team.**

**I am aware and promise to abide by the above rules and expectations. I know that if I behave not in accordance with the above rules and expectations that I may be subject to further disciplinary acts and or leave/or permanent dismissal from the team.**

**PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_**

**STUDENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_**

**Above all, have fun! As with most things, the more you are willing to put into this experience, the better time you will have! If you let it, winter guard will be one of the best experiences of your life!**